How do you like to learn?

How do you prefer to learn? Please circle **YES** (I prefer this style) or **NO** (I do not prefer this style) for each learning style below.

Which do you prefer most? If you choose YES for more than one style, please rank those styles by writing a number in the boxes.

1 I prefer this most...   **2** followed by this...   **3** followed by this...
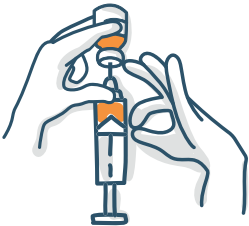
Someone talks with you	Someone writes the information for you	Getting printed brochures
Yes No	Yes No	Yes No
The internet or online learning apps	Listening to podcasts or audio-recordings	Pictures and diagrams
Yes No	Yes No	Yes No
Someone shows you how to do something	Sharing stories and ideas with others	Writing your own notes
Yes No	Yes No	Yes No