How do you like to learn?

How do you prefer to learn? Please circle **YES** (I prefer this style) or **NO** (I do not prefer this style) for each learning style below.

Which do you prefer most? If you choose **YES** for more than one style, please rank those styles by writing a number in the boxes.

1. I prefer this most…
2. followed by this…
3. followed by this…

- **Someone talks with you**
  - Yes
  - No

- **Someone writes the information for you**
  - Yes
  - No

- **Getting printed brochures**
  - Yes
  - No

- **The internet or online learning apps**
  - Yes
  - No

- **Listening to podcasts or audio-recordings**
  - Yes
  - No

- **Pictures and diagrams**
  - Yes
  - No

- **Someone shows you how to do something**
  - Yes
  - No

- **Sharing stories and ideas with others**
  - Yes
  - No

- **Writing your own notes**
  - Yes
  - No

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